

Reflexive and Intensive Pronouns

Reflexive (and Intensive) Pronouns

myself, yourself, itself, herself, himself ourselves, themselves

Use when the **subject** and **object** of the sentence are the same person/thing

Use for emphasis (i.e. to make it 'intensive') when the reflexive pronoun isn't needed

Some examples

"I taught myself to ride a bicycle".

"This machine can repair itself".

"He must get himself ready for the start".

[You]"Help yourself to a cream cake".

"They will sing themselves to sleep".

"She ate so much cream cake that she made herself ill".

"Would you like to pour yourself a drink"?

... but often unnecessary

When talking about things usually done by the person or thing, it's not necessary to use a reflexive pronoun:

"She washed [herself] in the shower".

"He trained [himself] to win the competition".

If you **do** use it, you are 'intensifying' the meaning, it's no longer the object!:

"We've bought ourselves a camper van".

"They're old enough to do it themselves".

"I made this myself". "The king himself gave the award".

Exceptions!

Can often use after the prepositions 'for', 'to', 'by', but <u>not</u> after prepositions of place:

"They had to cook for themselves".

"She talked to herself".

"He was lonely when he was by himself".

"He had his dog next to him" [not himself].

"She had a few friends with her" [not herself].